

AMBLESIDE ACADEMY MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

31/8, 21/9,
12/10, 2/11,
23/11, 14/12

Pork Meatballs in
Tomato Sauce, Served with
Pasta Twists & Broccoli

Vegetarian Meatballs in
Tomato Sauce, Served with
Pasta Twists & Broccoli (V)

Jacket Potato with Cheese,
Baked Beans or Tuna Mayo
Served with Side Salad

Mini Donuts with
Strawberry Sauce

Pork Sausage Hot Dog
Served with Potato Wedges
& Sweetcorn

Vegetarian Sausage Hot Dog
Served with Potato Wedges
& Sweetcorn (V)

Twisty Pasta Served with
Tomato Sauce or Grated
Cheddar & Side Salad

Chocolate Mousse with
Mandarin Oranges

BBQ Chicken Tortilla Wrap
Served with Potato Wedges
& Sweetcorn

Build Your Own Wrap
Quorn Dippers, Tortilla Wrap
& Lettuce Served with Potato
Wedges & Sweetcorn

Jacket Potato with Cheese,
Baked Beans or Tuna Mayo
Served with Side Salad

Fruit Yoghurt Crunch

Sweet & Sour Chicken
Served with Rice
& Sweetcorn

Sweet & Sour Quorn Served
with Rice & Sweetcorn (V)

Jacket Potato with Cheese,
Baked Beans or Tuna Mayo
Served with Side Salad

Oaty Apple Crumble
with Custard

Creamy Chicken & Chickpea
Korma Served with Rice,
Naan Bread & Peas

Creamy Sweet Potato &
Chickpea Korma Served with
Rice, Naan Bread & Peas (V)

Jacket Potato with Cheese,
Baked Beans or Tuna Mayo
Served with Side Salad

Eve's Pudding
with Custard

Beef Bolognese
Served with Twisty Pasta,
Garlic Bread & Peas

Macaroni Cheese Served
with Garlic Bread & Peas (V)

Jacket Potato with Cheese,
Baked Beans or Tuna Mayo
Served with Side Salad

Chocolate &
Strawberry Sponge

Pork Sausages,
Yorkshire Pudding, Mashed
Potatoes, Fresh Carrots
& Green Beans

Vegetable Sausages,
Yorkshire Pudding, Mashed
Potatoes, Fresh Carrots
& Green Beans (V)

Twisty Pasta Served with
Tomato Sauce or Grated
Cheddar & Side Salad

Sultana Shortbread

Mince Beef Hot Pot
Served with Crusty Baguette,
Carrots & Green Beans

Herb Roasted Quorn Served
with Sauté Potatoes, Fresh
Carrots & Green Beans (V)

Twisty Pasta Served with
Tomato Sauce or Grated
Cheddar & Side Salad

Tempting Triangle Biscuit

Chicken Puff Pastry Pie
Served with Herby Skin on
Roast Potatoes, Carrots
& Green Beans

Cheese & Potato Pie
Served with Crusty Baguette,
Carrot & Green Beans (V)

Twisty Pasta Served with
Tomato Sauce or Grated
Cheddar & Side Salad

Carrot & Orange Cookie

Spiced Chicken Pizza
Served with Herby Diced
Potatoes & Salad Sticks

Cheese & Tomato Pizza,
Served with Herby Diced
Potatoes & Salad Sticks (V)

Jacket Potato with Cheese,
Baked Beans or Tuna Mayo
Served with Side Salad

Beet it Brownie

Pepperoni Pizza
Served with Herby Diced
Potatoes & Salad Sticks

Cheese & Tomato Pizza
Served with Herby Diced
Potatoes & Salad Sticks (V)

Twisty Pasta Served with
Tomato Sauce or Grated
Cheddar & Side Salad

Fruity Flapjack

Ham & Cheese Pizza
Served with Diced Potatoes,
Salad Sticks & Coleslaw

Cheese & Tomato Pizza
Served with Diced Potatoes,
Salad Sticks & Coleslaw (V)

Jacket Potato with Cheese,
Baked Beans or Tuna Mayo
Served with Side Salad

Rice Crispy Cake

Fish Star
Served with Chips, Peas
or Baked Beans

Vegetable Nuggets
Served with Chips, Peas
or Baked Beans (V)

Twisty Pasta Served with
Tomato Sauce or Grated
Cheddar & Side Salad

Vanilla
Ice Cream Sundae

Breaded Fish Fingers
Served with Chips, Peas
or Baked Beans

Five Bean & Cheese
Enchilada Served with
Chips & Peas (V)

Jacket Potato with Cheese,
Baked Beans or Tuna Mayo
Served with Side Salad

Raspberry Ripple
Ice Cream

Battered Fish Fillet
Served with Chips, Peas
or Baked Beans

Falafel Pitta Pocket
Served with Chips, Peas
or Baked Beans (V)

Twisty Pasta Served with
Tomato Sauce or Grated
Cheddar & Side Salad

Vanilla
Ice Cream Sundae

WEEK 3

14/9, 5/10,
16/11, 7/12

WEEK 2

7/9, 28/9,
9/11, 30/11

Available daily- Fresh Bread / Fresh salad cart / Fresh Fruit / Yoghurt

ALLERGEN INFORMATION: MENU DESCRIPTIONS MAY NOT LIST EVERY INDIVIDUAL INGREDIENT. WE ARE AWARE OF THE PRESENCE OF ALLERGENS REQUIRING LABELLING, SO PLEASE ASK A MEMBER OF THE CATERING TEAM SHOULD YOU REQUIRE ANY MORE DETAILS. VEGETARIAN OPTIONS ARE INDICATED BY THE SYMBOL (V).

COOMBS
CATERING PARTNERSHIP