

Ambleside Academy Newsletter

Curriculum Update

Nursery— This week we have started going to the hall for our PE session on a Monday. This week we had a go at moving in different ways; crawling, stomping, running, walking and tip-toeing. We then played a game where we had to pick up different hats from the 'shops' (a cone or a beanbag). Once we had 'bought' the hat we then had to walk around, balancing it on our head. Great concentration Cubs!



Reception— A (slightly) warmer week than last week has coincided with a more demanding PE session. The reception children have continued to learn about tempo. Sometimes they follow the adults in the room and repeat the same fun actions and other times the children are allowed to express themselves with their own movements and performances. Let it be known that we have some very expressive Owlets, Froglets and Snakelets in reception! Watching the children slowmo run to Chariots of Fire is a sight to behold!

Year 2—In Art we traced shapes and painted each space in a different primary colour. We found out information about the abstract artist Kandinsky.



Year 3 were lucky to visit the caves this week and had a fantastic time exploring and learning. They discovered different types of rocks and learned all about how the caves were used in the past, making it a memorable and exciting trip for everyone.



Year 4—In music this week, Year 4 have been looking at creating texture in a song by layering different parts. We used percussion instruments, our voices and clapping to perform a piece of music in unison. We then went onto learn about sea shanties and practiced using harmonies to perform a song.



Year 5— This week, we have been learning to play the keyboard in our music lessons. We have learnt musical notation, the 5 finger position for playing the keyboard and played the first few lines of 'When the Saints go Marching in'



Important Dates

Week Beginning 2nd February—National story telling week. Within the week we will have stay and learn reading sessions where you are welcome to join us in school.

EYFS is on Monday 2nd February and Years 1 to 6 is on Friday 6th February. Times are to be confirmed.

W/C 9th February— Children's Mental Health Week
Tuesday 10th February—Safer Internet Day



Lost property

Every day in school we have items that are left on the playground and across school. Please remember to add name labels to your child clothing, coats, water bottles and any other items they bring to school. This really helps staff to get the item back to its owner.



Safeguarding—We can help when you need it.

A reminder that we are always here to help when needed. Please remember to speak to a member of the safeguarding team (Mrs Bartsow, Mrs Marsh, Miss Johnson, Miss Walters) if you need help with anything. This might be if you need a food parcel/ voucher or to discuss a concern you have. Whatever you need please talk to us and we will see how we can help you.

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School Lunch Menu for next week:

WEEK THREE	<p><i>Meat</i></p> <p>Build Your Own Wrap Southern Fried Chicken Goujons, Tortilla Wrap & Lettuce, with Potato Wedges & Sweetcorn</p>	<p><i>Meat</i></p> <p>Ham & Pineapple Pizza, Served with Diced Potatoes, Salad Sticks & Coleslaw</p>	<p><i>Meat</i></p> <p>Brunch Lunch, Pork Sausage, Omelette, Hash Brown & Baked Beans</p>	<p><i>Meat</i></p> <p>Beef Lasagne, Served with Garlic Bread & Farmhouse Vegetables</p>	<p><i>Meat</i></p> <p>Breaded Fish Nuggets, Served with Chips, Peas or Baked Beans</p>	<p>W1 : 5/1, 26/1, 23/2, 16/3</p> <p>W2 : 12/1, 2/2, 2/3, 23/3</p> <p>W3 : 19/1, 9/2, 9/3</p> <p><small>ALLERGEN INFORMATION: MENU DESCRIPTIONS MAY NOT LIST EVERY INDIVIDUAL INGREDIENT. WE ARE AWARE OF THE PRESENCE OF ALLERGENS REQUIRING LABELLING. SO PLEASE ASK A MEMBER OF THE CATERING TEAM SHOULD YOU REQUIRE ANY MORE DETAILS. VEGETARIAN OPTIONS ARE INDICATED BY THE SYMBOL (V).</small></p>
	<p><i>vegetarian</i></p> <p>Vegetable Nuggets, Tortilla Wrap & Lettuce, with Potato Wedges & Sweetcorn (V)</p>	<p><i>vegetarian</i></p> <p>Cheese & Tomato Pizza, Served with Diced Potatoes, Salad Sticks & Coleslaw (V)</p>	<p><i>vegetarian</i></p> <p>Vegetarian Brunch, Vegetarian Sausage, Omelette, Hash Brown & Baked Beans (V)</p>	<p><i>vegetarian</i></p> <p>Macaroni Cheese, Served with Garlic Bread & Farmhouse Vegetables (V)</p>	<p><i>vegetarian</i></p> <p>Cheese & Bean Puff, Served with Chips & Peas (V)</p>	
	<p><i>Alternative</i></p> <p>Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad</p>	<p><i>Alternative</i></p> <p>Twisty Pasta with Tomato Sauce or Grated Cheddar & Side Salad</p>	<p><i>Alternative</i></p> <p>Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad</p>	<p><i>Alternative</i></p> <p>Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad</p>	<p><i>Alternative</i></p> <p>Twisty Pasta with Tomato Sauce or Grated Cheddar & Side Salad</p>	
	<p><i>dessert</i></p> <p>Butterscotch Mousse with a Mini Biscuit</p>	<p><i>dessert</i></p> <p>Chocolate Orange Sponge Cake</p>	<p><i>dessert</i></p> <p>Raspberry Oat Slice Served with Custard</p>	<p><i>dessert</i></p> <p>Ginger Cookie</p>	<p><i>dessert</i></p> <p>Vanilla Ice Cream Sundae</p>	