

WEEK ONE

## MONDAY

## Meat

Pork Meatballs in Tomato Sauce, Served with Pasta Twists & Broccoli

## vegetarian

Vegetarian Meatballs in Tomato Sauce, Served with Pasta Twists & Broccoli (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Mixed Fruit Pancake

## TUESDAY

## Meat

Chicken Fajita Pizza, Served with Diced Potatoes & Sweetcorn

## vegetarian

Cheese & Tomato Pizza, Served with Diced Potatoes & Sweetcorn (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Chocolate Cracknell

## WEDNESDAY

## Meat

Pork Sausages, with Yorkshire Pudding, Mashed Potatoes, Fresh Carrots & Green Beans

## vegetarian

Vegan Sausage Roll, with Mashed Potatoes, Fresh Carrots & Green Beans (V)

## Alternative

Twisty Pasta, with Tomato Sauce or Grated Cheddar & Side Salad

## Dessert

Banoffee Sponge with Custard

## THURSDAY

## Meat

Beef Bolognese Bake, Served with Garlic Bread & Farmhouse Vegetables

## vegetarian

Vegetarian Bolognese Bake, Served with Garlic Bread & Farmhouse Vegetables (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Vanilla Cookie

## FRIDAY

## Meat

Fish Star, Served with Chips, Peas or Baked Beans

## vegetarian

Vegetable Nuggets, Served with Chips, Peas or Baked Beans (V)

## Alternative

Twisty Pasta with Tomato Sauce or Grated Cheddar & Side Salad

## Dessert

Chocolate Ice Cream Sundae

WEEK TWO

## Meat

Beef Burger in a Bun, Served with Spicy Potato Wedges & Sweetcorn

## vegetarian

Vegetable Burger in a Bun Served with Spicy Potato Wedges & Sweetcorn (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Belgian Waffle

## Meat

Pepperoni Pizza, Served with Herby Diced Potatoes & Salad Sticks

## vegetarian

Cheese & Tomato Pizza, Served with Herby Diced Potatoes & Salad Sticks (V)

## Alternative

Twisty Pasta with Tomato Sauce or Grated Cheddar & Side Salad

## Dessert

Traditional School Sponge Cake

## Meat

Roast Gammon, with Roast Potatoes, Fresh Carrots & Green Beans

## vegetarian

Broccoli & Cauliflower Cheese Bake, Served with Roast Potatoes, Fresh Carrots & Green Beans (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Peach Cobbler Served with Custard

## Meat

Chinese Chicken Curry, Served with Rice, Naan Bread & Peas

## vegetarian

Quorn Chinese Curry, Served with Rice, Naan Bread & Peas (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Chocolate Shortbread

## Meat

Fish Fingers, Served with Chips, Peas or Baked Beans

## vegetarian

Vegetable Burrito, Served with Chips, Peas or Baked Beans (V)

## Alternative

Twisty Pasta with Tomato Sauce or Grated Cheddar & Side Salad

## Dessert

Strawberry Ice Cream Sundae

WEEK THREE

## Meat

Build Your Own Wrap Southern Fried Chicken Goujons, Tortilla Wrap & Lettuce, with Potato Wedges & Sweetcorn

## vegetarian

Vegetable Nuggets, Tortilla Wrap & Lettuce, with Potato Wedges & Sweetcorn (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Butterscotch Mousse with a Mini Biscuit

## Meat

Ham & Pineapple Pizza, Served with Diced Potatoes, Salad Sticks & Coleslaw

## vegetarian

Cheese & Tomato Pizza, Served with Diced Potatoes, Salad Sticks & Coleslaw (V)

## Alternative

Twisty Pasta with Tomato Sauce or Grated Cheddar & Side Salad

## Dessert

Chocolate Orange Sponge Cake

## Meat

Brunch Lunch, Pork Sausage, Omelette, Hash Brown & Baked Beans

## vegetarian

Vegetarian Brunch, Vegetarian Sausage, Omelette, Hash Brown & Baked Beans (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Raspberry Oat Slice Served with Custard

## Meat

Beef Lasagne, Served with Garlic Bread & Farmhouse Vegetables

## vegetarian

Macaroni Cheese, Served with Garlic Bread & Farmhouse Vegetables (V)

## Alternative

Jacket Potato with Cheese, Baked Beans or Tuna Mayo with Side Salad

## Dessert

Ginger Cookie

## Meat

Breaded Fish Nuggets, Served with Chips, Peas or Baked Beans

## vegetarian

Cheese & Bean Puff, Served with Chips & Peas (V)

## Alternative

Twisty Pasta with Tomato Sauce or Grated Cheddar & Side Salad

## Dessert

Vanilla Ice Cream Sundae

# Ambleside Academy Menu

## Available Daily

 Fresh Baked Bread

 Fresh Fruit

 yoghurt

 Salad Cart

**COOMBS**  
CATERING PARTNERSHIP

W1 : 5/1, 26/1,  
23/2, 16/3

W2 : 12/1, 2/2,  
2/3, 23/3

W3 : 19/1, 9/2, 9/3

ALLERGEN INFORMATION: MENU DESCRIPTIONS MAY NOT LIST EVERY INDIVIDUAL INGREDIENT. WE ARE AWARE OF THE PRESENCE OF ALLERGENS REQUIRING LABELLING, SO PLEASE ASK A MEMBER OF THE CATERING TEAM SHOULD YOU REQUIRE ANY MORE DETAILS. VEGETARIAN OPTIONS ARE INDICATED BY THE SYMBOL (V).