



Wellbeing Team Newsletter Spring Term 2025

To support our pupils' personal development and ensure they make the very best academic progress, we have an excellent Wellbeing Team. I thought it would be useful to introduce them to you all, so you know who everyone is and the important roles they each play.

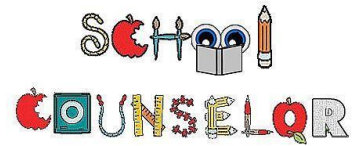


Mrs Callaghan – ELSA



Mrs Callaghan is our ELSA (Emotional Literacy Support Assistant). Mrs Callaghan will work with children either in small groups or on a one-to-one basis and will support them with recognising and developing their emotions. Mrs Callaghan says, "I can help you build your confidence and become more comfortable asking questions or asking for what you need."

Tessa Bunby – School Counsellor



Tessa is our School Counsellor who has many years of experience counselling children. Tessa will work with those children who need a schedule of sessions helping them with a specific issue or event that may have happened. Tessa says, "If you have a worry that won't go away and is getting bigger, then I can help you."



Sarah Gladstone-Bell – Allotment Education



Sarah is part of Allotment Education and works with the children whilst they are gardening. As the children learn about our environment and how to grow and care for plants, they often learn how this then is relevant to them caring for themselves as a person. Sarah says, "I can show you how taking care of plants means that you can also take care of yourself."

Martin Sinclair – Behaviour Therapist



Martin is our Behaviour Therapist who works with those children who need support in regulating their behaviours. Martin says, "I will help you and your family to find ways to manage your behaviour in school and at home."

Please let Mrs Marsh know if you feel that your child would benefit from working with anyone on our Wellbeing Team and she can discuss this further with you. Please also let Mrs Marsh know if you don't wish your child to work with anyone in the Wellbeing Team.

