

YEAR 6 OVERVIEW

We follow the Jigsaw scheme of work for PSHE, the objectives of which are shown in green.



Being Me in My World

- Global citizenship
- Children's universal rights
- Feeling welcomed and valued
- Choices, consequences and rewards
- Group dynamics
- Anti-social behaviour
- Assemblies (see programme).

Dreams and Goals

- Personal learning goals
- Emotions in success
- Making a difference in the world
- Motivation
- Recognising achievements
- Compliments
- Assemblies (see programme).

Relationships

- Identifying mental health worries and sources of support
- Love and loss
- Managing feelings
- Power and control
- Assertiveness
- Technology safety and responsibility
- Assemblies (see programme).

AUTUMN

SPRING

SUMMER

Celebrating Difference

- Perceptions of normality
- Understanding disability
- Power Struggles
- Understanding bullying
- Inclusion/exclusion
- Empathy
- Differences
- Assemblies (see programme).

Healthy Me

- Taking personal responsibility
- How substances affect the body
- Exploitation
- Emotional and mental health
- Managing stress
- Assemblies (see programme).

Changing Me

- Self image and body image
- Puberty and feelings
- Conception to birth
- Reflections about change
- Physical attraction
- Respect and consent
- Boyfriends/girlfriends
- Into University - Transition to Assemblies (see programme).

This runs in conjunction with whole school events, themed weeks, curriculum enhancement days and offsite visits to enhance the curriculum. Ambleside Academy Values and Fundamental British Values are interwoven throughout all.