

# YEAR 4 OVERVIEW

We follow the Jigsaw scheme of work for PSHE, the objectives of which are shown in green.



## Being Me in My World

- Being a school citizen
- Rights, responsibilities and democracy
- Rewards and consequences
- Group decision-making
- Having a voice
- What motivates behaviour
- Assemblies (see programme).

## Dreams and Goals

- Hopes and dreams
- Overcoming disappointment
- Creating new, realistic dreams
- Achieving goals
- Celebrating contributions
- Resilience
- Positive attitudes
- Assemblies (see programme).

## Relationships

- Jealousy
- Love and loss
- Memories of loved ones
- Getting on and falling out
- Girlfriends and boyfriends
- Showing appreciation
- Assemblies (see programme).

AUTUMN

SPRING

SUMMER

## Celebrating Difference

- Challenging assumptions
- Judging by appearance
- Accepting self and others
- Understanding influences
- Understanding bullying
- Problem-solving
- Identifying how special and unique everyone is
- First impressions
- Assemblies (see programme).

## Healthy Me

- Healthier friendships
- Group dynamics
- Smoking
- Alcohol
- Assertiveness
- Peer pressure
- Celebrating inner strength
- Assemblies (see programme).

## Changing Me

- Being unique
- Having a baby
- Girls and puberty
- Confidence in change
- Accepting change
- Environmental change
- Assemblies (see programme).

This runs in conjunction with whole school events, themed weeks, curriculum enhancement days and offsite visits to enhance the curriculum. Ambleside Academy Values and Fundamental British Values are interwoven throughout all.