

YEAR 1 OVERVIEW

We follow the Jigsaw scheme of work for PSHE, the objectives of which are shown in green.



Being Me in My World

- Feeling special and safe
- Rights and responsibilities
- Rewards and feeling proud
- Consequences
- Assemblies (see programme).

Dreams and Goals

- Setting goals
- Identifying successes and achievements
- Learning styles
- Working well and celebrating achievement
- Tackling new challenges
- Identifying and overcoming obstacles
- Assemblies (see programme).

Relationships

- Belonging to a family
- Making friends/being a good friend
- People who help us
- Qualities as a friend and person
- Self-acknowledgement
- Celebrating special relationship
- Assemblies (see programme).

AUTUMN

SPRING

SUMMER

Celebrating Difference

- Similarities and differences
- Understanding bullying and knowing how to deal with it
- Making new friends
- Celebrating the differences in everyone
- Assemblies (see programme).

Healthy Me

- Keeping myself healthy
- Healthier lifestyle choices
- Keeping clean
- Being safe
- Medicine safety/household safety
- Road safety
- Assemblies (see programme).

Changing Me

- Life cycles
- Changes in me
- Changes since being a baby
- Differences between male and female bodies
- Growing and learning
- Assemblies (see programme).

This runs in conjunction with whole school events, themed weeks, curriculum enhancement days and offsite visits to enhance the curriculum. Ambleside Academy Values and Fundamental British Values are interwoven throughout all.