

RECEPTION (F2) OVERVIEW

Personal, Social and Emotional Development is a key strand within the Early Years curriculum. It flows through all areas. The three main strands are self-regulation, managing self and building relationships. We follow the Jigsaw scheme of work for PSHE, the objectives of which are shown in green. Our Personal Development offer specifically for each year group is shown in white.



Rolling year-round curriculum

Self-Regulation

- See themselves as valuable individuals – All children have a named key person who will work closely with them and build positive relationships with. Children's interests are investigated and facilitated by adults.
- Identify and moderate their own feelings socially and emotionally – Children regularly take part in Jigsaw circle times. Children are encouraged to have a voice and discuss how they are feeling during all parts of the day. Speech and language interventions are put in place for children who may not be able to articulate their feelings.

Managing Self

- Manage their own needs – children are encouraged to be independent throughout the day. Water and snacks are available for them to access and they are encouraged to use the bathroom freely.
- Show resilience and perseverance – children are encouraged to persevere and continue any tasks in which they may find a challenge with support from an adult. They are given time and the tools to do their best.

Building Relationships

- Build constructive and respectful relationships – children are given vast opportunity to play with all children in the unit at independent learning time.
- Express their feelings and consider feelings of others – during the day adults may intervene to help children express their feelings finding the correct language to articulate their needs.

AUTUMN

SPRING

SUMMER

Being Me in My World Celebrating Difference

- Self-identity
- Understanding feelings
- Being gentle
- Rights and responsibilities
- Identifying talents
- Being special
- Families
- Where we live
- Making friends
- Assemblies (see programme)

Dreams and Goals Healthy Me

- Challenges
- Perseverance
- Goal-setting
- Overcoming obstacles
- Seeking help
- Jobs
- Exercising bodies
- Healthy food
- Sleep
- Safety
- Keeping clean
- Walk in local area – how we can impact our local community, what keeps us safe in our local area
- Assemblies (see programme).

Relationships Changing Me

- Family life
- Friendships
- Falling out
- Dealing with bullying
- Being a good friend
- Bodies
- Respecting my body
- Growing up
- Fun and fears
- Celebrations
- Assemblies (see programme).

This runs in conjunction with whole school events, themed weeks, curriculum enhancement days and offsite visits to enhance the curriculum. Ambleside Academy Values and Fundamental British Values are interwoven throughout all.